



7 of 10

Rehab Myth

Residential rehabs cannot
accommodate people
with co-occurring mental
health conditions.

7 Myth Buster

There is a whole range of rehabs across the sector which offer different forms of support, including for people with mental health conditions, so clients are likely to be able to find provision appropriate for them through open discussion at the assessment stage.

7 Myth Buster

Residential rehab is not an alternative to a dedicated mental health facility but will work with people through a person-centred approach to make sure that the right option is available to people at the right time.

Rehab Myths x 10

COMING SOON...

- People cannot go to residential rehab whilst taking pain relief medications
- Residential rehab is a luxury
- Everyone needs to stay in rehab for years for their treatment to be effective

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