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## Rehab Myth

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Rehab is a last resort option for a person who has been unsuccessful with community treatment.

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# 1 Myth Buster

Current guidance, including from NICE and in the alcohol clinical guidelines, is clear that whilst rehab may be appropriate for people with multiple disadvantage, it should be considered for all people accessing treatment at all stages of the treatment journey, including right at the start.

# Rehab Myths x 10

**COMING SOON...**

— Rehab is only for people who can afford to pay for it themselves

— All rehabs use the same model for treatment

— People can only go to rehab once

— Residential rehab is a luxury

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